

Emergency First Response

This is a one day course which is designed to teach you first aid and Cardio Pulmonary Resuscitation (CPR) skills which are invaluable not only in a diving situation but also at home and work. The EFR is a pre-requisite for the Rescue Diver course.

Duration: 1 day
Cost: £85.00
Experience required: None
Equipment required: None
Requirements: Purchase training pack
Qualification attainable: PADI EFR qualification

Course Enquiry

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